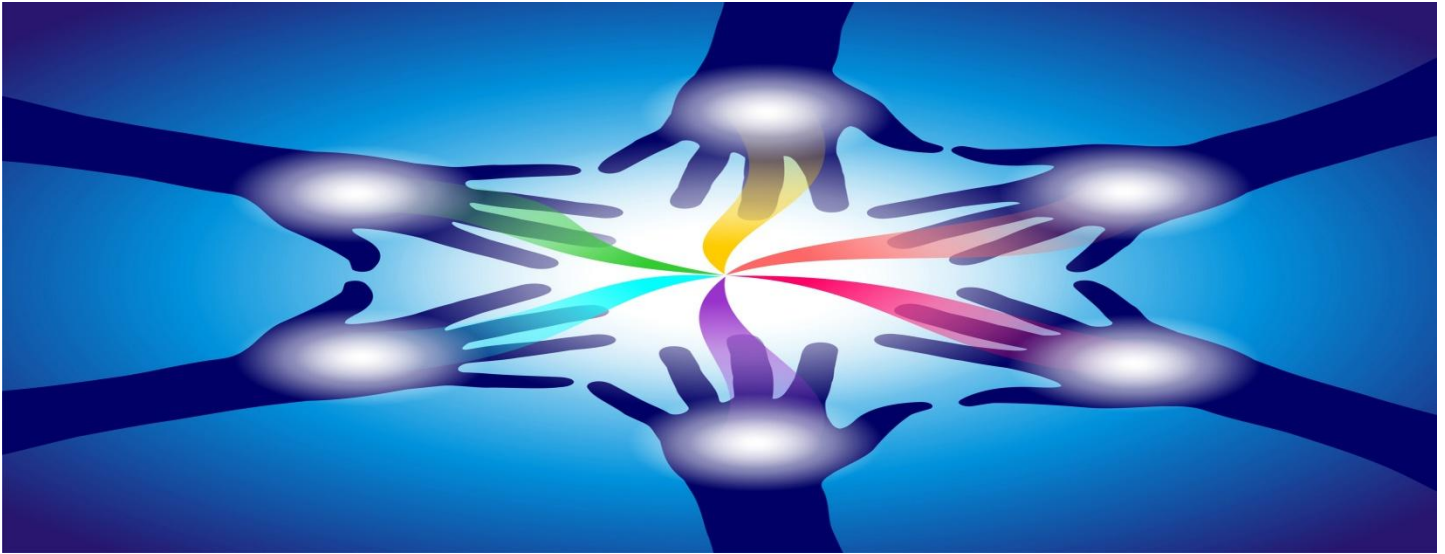


2012 SLAA Spring Retreat - Healing from Within



Friday, April 13th - Sunday, April 15th

Scarboro Mission, Toronto

Weekend cost: Space is limited to 37 overnight participants

\$155 if registered by March 31st ▪ \$165 after March 31st

Day cost for Saturday: \$60 if registered by March 31st ▪ \$65 after March 31st Space is limited to 15 day-only participants

Workshop topics include:

- ✓ Boundaries
- ✓ 12 steps in 4 hours
- ✓ Changing behaviour
- ✓ Anorexia
- ✓ Withdrawal anxiety
- ✓ Healthy living, relationships
- ✓ Decision making
- ✓ Sponsorship

Weekend cost includes:

- ✓ Private room with desk, bedding, towels
- ✓ Meals including vegetarian options. *Note: dinner is not served Friday. (Special dietary needs cannot be accommodated- a fridge is available to those who need to bring their food)
- ✓ Workshops
- ✓ Morning meditation, yoga sessions, art therapy craft table, candle labyrinth, & Saturday evening entertainment.

Day cost includes:

- ✓ All of the above except accommodation

Registration

See www.slaa-ontario.org for more details including online and mail-in registration.

Financial assistance

A partial subsidy up to \$75 per person for the weekend is available by request on first come first served basis.

Contact Natalie C. power2inspire@hotmail.ca or Mark P. fellowshipretreat@gmail.com if you have questions.

How to get there

Scarboro Mission 2685 Kingston Rd, Toronto, Ont. M1M 1M4

The building is wheelchair accessible & located on the southwest corner of Kingston Road & Brimley Road. Please see

www.maps.google.com for directions by car, transit, etc.