

Minutes: Ontario Intergroup of SLAA
Thursday, March 31, 2016. 7:00-8:30 PM
Room 1004, Cardinal Carter Wing, St. Michael's Hospital

Present: Marc S. (Chair, Friday 6:00 PM IR); Marc M. (Interim Secretary, Sunday 10:00 AM IR); Daniel W. (Treasurer, Thurs 12:15 PM IR); Tim W. (Literature Rep.); Alan B. (FWS Delegate, interim Niagara IR); Brian C. (Website, interim Holland Landing Thu 7:30 IR); Irene B. (Spring Retreat Chair, Sunday 8:30 AM & Monday 7:00 PM IG); John G. (Tues 12:15 PM, IR); Tom T. (Thurs 7:30 PM, IR); Ron R. (Wednesday 12:15 IR); John G. (Fri 12:15 PM, IR), John M. (Tuesday 7:00 PM IR).

1. Meeting begins with a Moment of Silence followed by the Serenity Prayer. Done.
2. Introductions. Done
3. Attendance. Done
4. Reading of Trusted Servant's Prayer. Done
5. Reading of the Twelve Traditions. Done
6. **Minutes** - Accept / Amend previous meetings Draft Minutes (circulated via email prior to the meeting). Accepted, group conscience.
7. **Secretary's Announcements** – Marc M. with help from Marc S.
No announcements but some New Business for later.
8. **Reading of Reports:**
 - a) **Treasurer** – Daniel W. (Forthcoming)
 - b) Treasurer's report motion to accept by Irene B. 2nd by Ron R.. Carried.
 - c) **Literature** – Tim W. - See attached
 - d) **Website** – Brian C.
 - Brian's report is forthcoming.
 - Total hits increased in March
 - SLAA 40 questions revised – looking for feedback on revisions
 - There is no current contact for the Sudbury Group, no way of contacting the Sudbury group no way for newcomers to

access the Sudbury meetings. Therefore, the Sudbury group will be removed from the meetings list on our website.

- The Webmaster will create new links to access electronic versions of SLAA literature and place announcement on the website

e) **FWS Delegate** – Alan B.

- Report is attached.
- Discussion of the motion for ABC/M Guidelines for safety - Do the members of our groups support the general idea? IG Reps to discuss with groups - the general meeting is looking for group conscience to as whether to support the motion put forward by FWS Delegate. IG Reps are encouraged to read and discuss the suggested text.
- Discussion of the motion on the First Agenda? 40 Questions for Self-Diagnosis revision. FWS looking for feedback from groups.
- Announced the new availability of the *Anorexia Recovery Tools* booklet
- It is the 40th Anniversary of SLAA; the celebration will take place in Boston
- May is *Individual Contribution Month*

f) **Phone Line and Public Information** – John F. (regrets, report presented by Marc S.)

- Report is attached.

g) **Spring Retreat** – Irene B. (See Attached Report)

9. Old Business:

a. Motion to establish an Outreach Chair as a position of Intergroup put forward by Tom T., seconded – Irene Carried unanimously

b. Nominations and Elections

- i. Intergroup has created the new position of Outreach Chair and we are now looking for a member to fill that position
- ii. Nominations & Elections for the following positions: Vice-Chair (one year term, up for re-election in 2016), Secretary (up for re-election in 2016), Fall Conference Chair (one year term, up for re-election in 2016)
 1. Secretary
 - Marc M was elected interim secretary until new elections in December 2016
 2. Vice-Chair
 - No one was willing to stand. Position remains open.
 3. Literature Rep

- Tim is willing to continue on an interim basis
- 4. Fall Conference Chair
 - No one was willing to stand. Position remains open.

10. New Business:

a. AA ORC

- a. Overall findings
 - i. Strong support for doing it again next year
 - ii. 8-10 men and 6 women visited the suite
 - iii. 5 newcomer packets, 22 pamphlets
 - iv. Suggestions for next time
 1. Better signage
 2. Recommendation to budget for food next year
 3. Keep the door to the suite open
 4. Intergroup reps to ask what their group members feel about how the money is spent: Is it worthwhile?
- b. Motion - That the ORC budget be increased to \$600
Moved – Irene B., Seconded – Tom T. Carried with 2 opposed
- c. Intergroup reps are encouraged to speak with their groups about the benefits of participating in the AA ORC.

b. Other New Business:

- a. Irene brought forth a request from SAA for a reciprocity agreement to post events with a disclaimer of non-affiliation. After some discussion regarding following our traditions, no motion was put forward.
- b. Discussion of discrepancies in the Literature bank account. Chair will reach out to the past Literature rep for clarification.
- c. General discussion about Rockwood group changing their name and they have requested guidance from the IG on the matter of renaming their group. IG felt that it would be preferable for the Rockwood group seek group conscience within their own group on that matter.

Next Meeting will be held on Thursday April 29, 2016 at 7:00 PM.

Meeting ends at 8:30pm with a moment of silence, followed by the Serenity Prayer.

Marc M., Interim Secretary, in service.

Attachments Below, for March 31, 2016 Intergroup Meeting

i. Treasurer's Report:

Balance Sheet Feb 22 -March 28 2016		
ASSETS		
Current Assets		previous balance
Cash	6709.47	
Other		
Total	\$6,709.47	\$6,709.47
Income		
Sunday "muckers" Group	100	
Total	\$100.00	\$ 636.00
Total Assets	\$6,809.47	
Expenses		
Current Liabilities		
FWS Contribution	651.56	
fido	30.51	
bank fee jan 29	\$4.95	
Total	\$687.02	\$ 111.76
Assets minus Current Liabilities	\$6,122.45	
FWS Fund	(\$3.72)	\$ 627.84
Reserves		
Fall Conference 2016	500.00	500
Spring Retreat 2016	500.00	500
Out Reach Program start up	\$300.00	300
FWS deligate fund 2016 (build to \$1800)	\$1,800.00	685.98
AA Ont Rec Conf 2016		
Total	\$3,100.00	\$ 2,613.82
Assest minus Reserves	\$3,022.45	\$ 4,095.65
Total Liabilities and Networth	\$6,122.45	\$ 6,709.47

ii. **SLAA TELEPHONE REPORT FOR March 2016 – John F.**

TOTAL TELEPHONE CALLS FOR - March 2016: 9 calls
All were looked after in a timely manner by SLAA volunteers
PUBLIC INFORMATION REQUESTS FOR - March 2016 0 requests

John F., Pioneer Group, Pickering

iii. **Webmaster Report for November 2015**

. Webmaster’s report is forthcoming.

Information Emails	
Website Hits	
Canadian Hits	
Meeting List Downloads	

iv. **FWS Report – Alan B.**

March 2016 Delegate Report -- Alan B. - SLAA FWS Delegate

1. ABC/M Motion: The Conference hereby adopts the following suggested guidelines regarding safety in the program, to be used by groups and intergroups if they so choose.
 - a. In S.L.A.A. we take the stand that it is not acceptable, or in line with our common welfare, that members use the program as an arena to commit criminal offenses such as sexual offenses, stalking or harassment against other members, during or between meetings. A requirement for membership is a willingness to recover, and a person who currently commits such offenses against any other member in S.L.A.A is not welcome to participate in our meetings. You who have previously assaulted someone in the program are welcome back after the assaults have stopped and when you are a reasonably safe participant in meetings. You then have a responsibility to adapt to the person you have violated and give him or her priority to meetings that are vital to that person’s recovery, if necessary by leaving those meetings permanently. In case the assaulted person reports the offenses to the police, you are recommended to play fair in a court process and if possible preserve the anonymity of the person you have assaulted.“
 - b. Suggested text to include in a meeting format, if a group so decides: **This meeting and program is a space for recovery. Criminal assaults such as**

stalking, harassment or worse of other members of S.L.A.A. are not acceptable. If anybody present is currently subjecting another member of SLAA to this kind of behavior, you are requested to leave the meeting. To protect the safety of our members and common welfare of the meeting you are recommended to seek help elsewhere until you are a safe participant. Suggested text for signs that groups can use for display, if they so decide: **This meeting and program is a space for recovery. Stalking and harassment of other members of the program is not tolerated.**

- c. Requirements: We suggest that the guideline can be published and downloaded via the S.L.A.A. website.
2. Other Motions on the First Agenda
 - a. Updated version of the **40 Questions for Self-Diagnosis**
3. Items for Discussion (IFD) on the First Agenda
 - a. Anorexia Recovery Tools booklet
 - b. The possibility of letting go of some or all copyright to S.L.A.A. texts the extent of literature that is free to be reviewed with the objective of providing more literature free of charge, or at a lower cost ways of addressing shipping costs to be reviewed with the objective of reducing the cost of literature for countries outside the United States of America more literature to be available in electronic formats alternatives to the use of copyright law - such as creative commons licenses - to be investigated so that more literature can be circulated electronically and without the need for charge.
 - c. To have the Suggestions for Public Outreach document (dated 19 April 2015) available as a free document available for download from the FWS website.
 - d. The Board Programs and Membership Committee is requesting discussion on whether the ABM minutes published on the S.L.A.A. website at <http://www.slaafws.org/abmfullminutes> should be password protected or not.
 - e. That FWS, in conjunction with the Board of Trustees (BOT), institute a program of designated giving which will allow donors to give to specific projects designated by the BOT with the aim of increasing giving to the fellowship overall.
 - f. Formulate a new committee exclusively and specifically for the purpose of expanding S.L.A.A. outreach efforts to treatment centers, hospitals, and other facilities and/or agencies that treat alcoholics/addicts who are newly recovering from substances. The idea behind this concept is that often when substances are removed from addicts, other issues relating to sex and love addiction may surface. (Some other 12-step fellowships refer to this activity as Hospitals and Institutions [H & I]).
 - g. Draft Service Pamphlet (Dated 2015 attached as Addendum) to encourage individuals to either give service or to stay and mentor others into giving service.
4. ABC/M Registration
 - Conference Delegate Double/Shared Registration: \$895
 - Optional - Additional Night - depending on flight cost
 - Shared Occupancy: \$65
2. IRC - International Recovery Convention
 - See flyer
 - Flyer will be made available to each Intergroup member in attendance for the April, May and June meetings
3. May is individual contribution month
 - See flyer
 - Flyer available to each Intergroup member in attendance
 - More will be made available at the April Intergroup meeting

v. Literature Report – Tim W.

SLAA Ontario Literature		
Period Jan 25 2016 to Feb 25 2016		
Revenue		
Sales	Product	282.75
	S&H	<u> </u> 282.75
Expenses		
Cost of sales		(282.75)
S&H expense		
Markdown on pchse		
Promotional		(70.00)
Bank charges		<u>(6.45)</u> <u>(359.20)</u>
Net profit for period		<u><u>(76.45)</u></u>
S&H charged		-
S&H incurred		<u>-</u>
		<u><u>-</u></u>
Assets		
	Bank	2,931.33
	Accounts receivable	591.52
	Inventory	5,081.00
		<u>8,603.85</u>
Liabilities		
		<u>8,603.85</u>
Net assets		
		8,603.85
	Prudent reserve	(8,500.00)
Excess over prudent reserve		<u>103.85</u>

vi. Spring Retreat Chair Report – Irene B.

2016 SLAA Spring Retreat Intergroup Report – March 31, 2016

“Happy, Joyous and Free”

Friday April 8, 7 p.m. to Sunday April 10, 3 p.m., 2016

Committee Members: Irene B., Retreat Chair, Kate T., Retreat Treasurer, Justin H., Retreat Registrar

Retreat Meetings: The SLAA 2016 Spring Retreat committee continues to meet regularly. Our next meeting is April 3, 2016. We will have a final meeting after the retreat to discuss what worked and review evaluations.

Flyer: The retreat flyer has been e-mailed to members and hard copies handed out at meetings and made available on the SLAA web site, as well as posted on our sister program web site (SAA).

Retreat Registration: Registration deadline is April 1, 2016 (for catering purposes).

An e-mail address was created 2016SLAaretreat@gmail.com for participants seeking more information about the retreat, to register and to make an e-transfer payment. Justin is our Registrar is tracking registrations and payments and sharing information with Kate (Treasurer). The committee members and Ron R. can take cash payment, if required.

We currently have 20 people registered; this includes two free rooms to two individuals who have come forward experiencing financial need. The committee has decided to offer one more room (\$170) split among those who come forward prior to the deadline date of April 1, 2016.

Retreat Budget: Kate is our Treasurer and will manage registration funds and track expenditures. The rate at Scarboro Missions is \$160 per person, per weekend and we are charging \$170, to help defer cost of supplies. We have a budget of \$500 from Intergroup and Kate is in contact with Daniel, IG Treasurer to ensure best practices to manage funds.

Workshop/Guest Speaker: We have confirmed our guest speaker as well as 11 workshops. The following is a list of workshops being offered at the spring retreat:

- Healthy Relationships
- Step 12 – A design for Living
- Healing our Shame through the 12 Steps
- Searching for Joy and Meaning
- Bottom Lines
- Caring for the Inner Child
- Laughing Yoga
- Amends as a way of life
- Sponsorship
- Character Defects
- Obsession and using the no-contact method to heal

Justin, Kate and I look forward to a very successful retreat, grounded in spirituality and fellowship.

Yours in service,

Irene B.